

Piles Treatment Doctors Coimbatore | Yazh Healthcare

Yazh
Health Care

PILES TREATMENT COIMBATORE

- STABLER SURGERY
- INFRARED COAGULATION
- LASER TREATMENT

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Piles, also known as hemorrhoids, are swollen veins in the lower rectum and anus, causing discomfort and pain. Finding the right treatment can be challenging, but at **Yazh Healthcare** in Coimbatore, our experienced doctors offer comprehensive care to alleviate your symptoms and improve your quality of life. If you are

searching for [Piles Treatment Doctors Coimbatore](#), look no further than Yazh Healthcare.

Understanding Piles

Piles can be classified into two types:

- 1. Internal Piles:** Located inside the rectum and usually painless but may cause bleeding.
- 2. External Piles:** Found under the skin around the anus and can be painful.

Symptoms of Piles

Common symptoms include:

- Pain during bowel movements
- Rashes or irritation in the area of the anus
- Bleeding during bowel movements
- Swelling around the anus
- A bump that may be unpleasant or sensitive close to the anus

Causes of Piles

Piles can result from various factors, including:

- Straining during bowel movements
- Chronic constipation or diarrhea
- Spending extended amounts of time on the toilet
- Obesity
- Pregnancy

- Low-fiber diet

Why Choose Yazh Healthcare?

At Yazh Healthcare, we understand the discomfort and inconvenience caused by piles. Our team of [Piles Treatment Doctors Coimbatore](#) is dedicated to providing personalized care and effective treatment options. Here's why you should consider us:

1. Experienced Doctors: Our doctors have extensive experience in diagnosing and treating piles. They stay updated with the latest advancements in medical science to offer you the best care possible.

2. Comprehensive Treatment Options: We offer a range of treatments, from conservative measures like dietary changes and medications to advanced surgical procedures. Our goal is to provide the most effective treatment tailored to your specific condition.

3. State-of-the-Art Facilities: Yazh Healthcare is equipped with modern facilities and advanced medical technology to ensure accurate diagnosis and effective treatment.

4. Patient-Centered Care: We prioritize our patients' comfort and well-being. Our team provides compassionate care, ensuring you feel supported throughout your treatment journey.

Treatment Options at Yazh Healthcare

Our Piles Treatment Doctors Coimbatore provide a variety of treatment options based on the severity of your condition:

1. Lifestyle Modifications: Increasing fiber intake, drinking plenty of fluids, and regular exercise can help prevent and manage piles.

2. Medications: Over-the-counter creams, ointments, and suppositories can provide relief from symptoms.

3. Minimally Invasive Procedures: Procedures like rubber band ligation, sclerotherapy, and infrared coagulation are effective for treating smaller piles.

4. Surgical Options: For severe cases, surgical interventions such as hemorrhoidectomy or stapled hemorrhoidopexy may be recommended.

Preventive Measures

Preventing piles involves adopting healthy lifestyle habits, such as:

- Eating a high-fiber diet
- Staying hydrated
- Steer clear of extended sitting or straining when having a bowel movement.
- Maintaining a healthy weight

If you are experiencing symptoms of piles, don't hesitate to seek help. Our [Piles Treatment Doctors Coimbatore](#) are here to provide you with the best possible

care. Contact Yazh Healthcare today to schedule a consultation and take the first step towards a pain-free life.

Yazh Healthcare, located in Coimbatore, is your trusted partner in managing and treating piles. With our experienced team and state-of-the-art facilities, we ensure you receive the highest standard of care. Reach out to us to learn more about our services and how we can help you.

Contact Us:

Website: <https://yazhhealthcare.com/>

Call Us: +91 7418879188